

# For Siblings of All Ages: Caregiving Resources, Education, and Support



## ARC Sibling Page:

<https://thearc.org/get-involved/siblings/>  
Statewide and national  
sibling networks



## **ohiosibs.org**

Community, resources and support for siblings, including SibTalks, where siblings learn from experts and one another (Choose "For Siblings" tab and "Adult Sibs")



## **For Siblings 8-16**

Participants learn about having a sibling with a disability start preparing to be caregivers in the future, all while having fun. Find the current series schedule (usually September - March) at this link: <https://www.esclakeeriewest.org/ParentMentor1.aspx>

For More information:

Wendy Smenner, Lucas County Parent Mentor,  
[wsmenner@esclakeeriewest.org](mailto:wsmenner@esclakeeriewest.org)