



## ZEPF CENTER'S M.O.M.S. PROGRAM IS FOR PREGNANT WOMEN WHO STRUGGLE WITH OPIOID USE. THERE IS NO FEE FOR SERVICES!

The innovative program utilizes Maternal Care Home (MCH) model to engage and empower expecting mothers in coordinated care and wrap-around services including pre- and post-natal care, counseling, Medication Assisted Treatment (MAT), recovery support, and care management.

### EDUCATION TOPICS

- Healthy Parenting/Child Development
- Neonatal Abstinence Syndrome (NAS)
- Nutrition
- Smoking Cessation
- Medication Compliance
- Wellness Practices
- Child Safety

### PROGRAM OVERVIEW:

- Conception to a year after birth
- Weekly meetings in a supportive, non-judgmental, trauma informed care setting
- Transportation arrangements for related appointments
- Outreach to other appropriate services
- Baby essentials for active participants
- Improved maternal and fetal outcomes

**WARNING:** During pregnancy Medication Assisted Treatment is strongly advised. Suddenly stopping the use of opiates during pregnancy can cause serious life threatening problems for mother and baby.

**TO MAKE A REFERRAL OR FOR MORE INFORMATION,  
CONTACT: (419) 841-7628**



[WWW.ZEPFCENTER.ORG](http://WWW.ZEPFCENTER.ORG)

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