



# Sensory Friendly Weekends

Second Saturday & Sunday of Every Month

Saturdays from 9 – 10 am  
Sundays from 11 am – 12 pm

## A Calmer Way to Explore

- **Crowds are limited**, ensuring a peaceful and relaxed environment.
- **Our dimmed lighting** creates a calming ambiance.
- **Exhibit sounds are lowered** or even eliminated, reducing auditory stimulation.



## Plan Your Visit

- Included with museum admission.
- **Free for NMGL members and Museums for All participants.**
- Reserve tickets online or buy at the door.