

MENTAL HEALTH

AN INTRODUCTION TO MENTAL HEALTH FIRST AID

PRESENTED BY AMY PRIEST

ASSISTANT SUPERINTENDENT

LUCAS DD

IN THIS ONE-HOUR SESSION, PARTICIPANTS WILL RECEIVE A CONCISE AND PRACTICAL INTRODUCTION TO MENTAL HEALTH FIRST AID. THE TRAINING WILL COVER COMMON SIGNS AND SYMPTOMS OF MENTAL HEALTH CHALLENGES, OUTLINE THE MENTAL HEALTH FIRST AID ACTION PLAN, AND HIGHLIGHT THE BENEFITS OF COMPLETING THE FULL MENTAL HEALTH FIRST AID COURSE FOR YOU AND YOUR TEAM.

- THIS IS NOT THE FULL MENTAL HEALTH FIRST AID CERTIFICATION TRAINING.
- PARTICIPANTS WILL NOT RECEIVE MHFA CERTIFICATION FROM THIS SESSION.
- INSTEAD, THIS OVERVIEW PREPARES PARTICIPANTS TO DECIDE WHETHER THEY WANT TO PURSUE THE FULL COURSE.

THIS INTRODUCTION IS IDEAL FOR:

- DIRECT SUPPORT STAFF
- SUPERVISORS
- SERVICE AND SUPPORT ADMINISTRATORS
- PROVIDER SUPPORTS
- IA'S

APRIL 16, 2026

1-2 PM

1155 LARC LN

TOLEDO, OH

DOOR 0

Lucas County
Board of

Developmental
Disabilities

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