

B.R.I.D.G.E.S.

**Building Relationships Intentionally to Develop
Growth and Exemplary Services**

{April 2022}



FORECAST



Diamond is the birthstone for April

A diamond is a sparkling gem which is a piece of pure carbon that handled stress exceptionally well.

***Stress Awareness Month:**

Stress is a normal part of everyone's life. Whether good stress or bad stress, people will experience it in different ways. Good stress can help motivate people to prepare and perform better. People under bad stress - especially chronic stress - are more susceptible to health

problems, both physical and emotional.

Ways to Help: Self care is not only taking care of yourself right now, but in the future. Some suggestions include eating well for the body and mind, talking with a therapist or another helpful person, and getting an annual exam. If you are in the middle of a very stressful event, you can self-soothe to bring yourself comfort or distraction from what is going on. Maybe treat yourself to a fancy coffee or tea, listen to music, get a massage or purchase some fresh cut flowers.



***National Jazz Appreciation Month**

This month as a DSP, it is a great month to explore various jazz musicians while working with individuals. Some well known names of jazz musicians are Duke Ellington, Louis Armstrong, John Coltrane, Ella Fitzgerald, Billie Holiday, Wynton Marsalis and Ezra Collective. Take some time to explore and enjoy the beautiful sound of jazz.



***National Autism Awareness Month**

Steve Bier is the founder of the Popcorn for the People company in New Jersey which employs adults with autism like his son Sam. Check out this video on Kernels of Kindness: <https://www.youtube.com/watch?v=6GiBf1BMT1Q>.



With so many updates and changes to the DODD Rules make sure you are receiving the latest's update to all the rule changes. If you are not already, Subscribe to Rules Notifications on the DODD website. <https://dodd.ohio.gov/> At the bottom of the home page, click on Subscribe.



Annual training requirements allow for flexibility for Independent Providers and Agency Providers in a Non-Licensed Settings. (Reference: DODD Memo Monday 2/14/2022)

The new annual training requirements for independent providers, direct support professionals (DSPs) in non-licensed settings, and directors of operations (DOOs) were designed to allow providers more flexibility to seek training that will help them better provide person-centered services.

Guidance Link: <https://dodd.ohio.gov/compliance/ossas/annual-training-information>

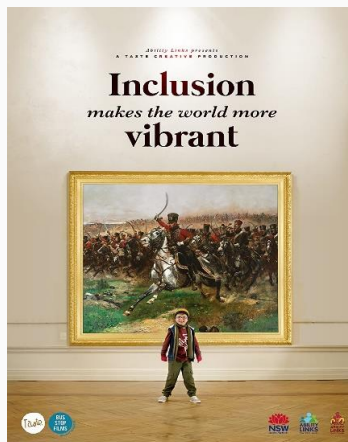
Optional Form Link: <https://dodd.ohio.gov/forms-and-rules/forms/training-documentation-template>

Template for Trainings: Agency Providers and volunteers in Non-Licensed settings:

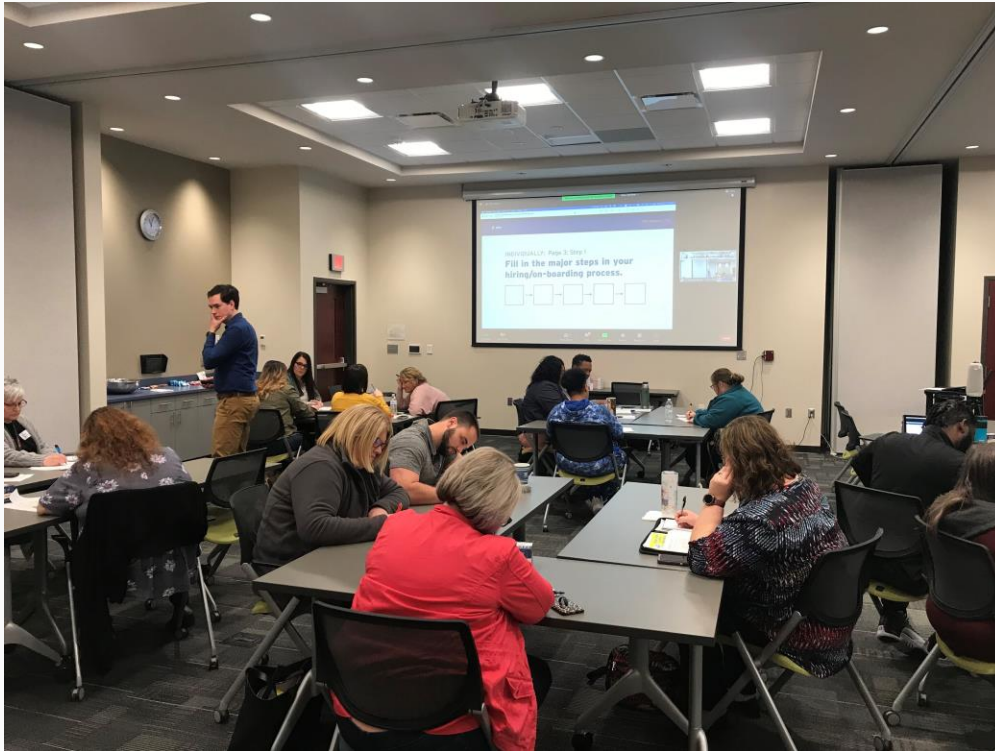
Link: <https://dodd.ohio.gov/compliance/ossas/training-plan-templates>

Here is a link for a feel-good 3-minute video that is sure to put a smile on your face. ***“Inclusion Makes the World More Vibrant”***

<https://www.youtube.com/watch?v=QXY5TyCUTIo>



DSP Magnet Workshop #1 a Success!



On March 30, Blitz Creative presented the first of two workshops being co-hosted by Lucas and Wood Counties' Provider Supports Departments.

Scott deFasselle facilitated an engaging session for agency providers which focused on DSP Recruiting and Anti-Ghosting. Providers learned practical, tested strategies to increase the number of applications they receive, as well as proven techniques for keeping potential employees engaged throughout the interview and hiring process.

The second workshop is scheduled for **Wednesday April 27** from **9:00-12:30** at the **Lucas County Board of DD Training Center**. The topic for April's training is **Retention and Culture**. See flyer for more details:

https://mcusercontent.com/46f9edd74ac726fdf457dfe0f/files/cd7be66d-94a0-cb6a-3d48-f3120b2b9f03/Lucas_CBDD_DSP_Magnet_Retention_Workshop_flyer.pdf

Seats are still available and agency providers may register 2 people per agency at this link: <https://tinyurl.com/lucas-cbdd-DSP-Magnet>

If you have any questions about the DSP Magnet Workshop, please contact Jennifer Wolfe, Provider Training Coordinator, at jwolfe@lucasdd.org.

PROVIDER AGENCY LINE OF CREDIT REQUIREMENT

DODD is requiring proof of a \$10,000 line of credit when agencies renew their certifications. Sometimes a bank's process for doing a line of credit takes a while and if a provider does not realize that they have to have this and show proof of it during recertification, this could delay their application or even cause them to have to re-submit. For more information on this requirement, please see the link below:

<https://dodd.ohio.gov/providers/initial-renewal-certification/2become-provider-agency>

One potential resource for providers to tap into is the Business Support Department at the Toledo Lucas County Public Library. There is a wealth of assistance and guidance for both non-profit and for profit businesses. This is a free resource available to all and more information can be found at <https://www.toledolibrary.org/business>.

 **KUDOS**



TO
Naomi Campbell,
Independent Provider

Naomi assisted an agency which was in emergency need of staffing. The agency shared that Naomi demonstrated a high quality of care ensuring individuals' needs and wants

were met during the time she worked with them. Her support was highly appreciated and helped the agencies staff who were overworked. We appreciate Naomi and her positive work ethic which is in line with the Board's Mission of LIFE.

Community Film Fest



Save the Date for **Sunday, August 14th, 2022** from 2pm - 5pm for the **2022 CommUNITY Film Fest** which will be held at the Maumee Indoor Theatre!

We are looking for entries that highlight how individuals contribute to their community. This might be their family, school, work, neighborhood, faith community or wherever they belong. Individuals are invited to create and submit their best (this means ONE) short video, maximum of 5 minutes, using a smart phone, camera, app or other video device.

All entries are due by June 30, 2022. See the website for information <https://www.communityfilmfest.org/>

If you have any questions, please contact Lori Balogh, Community Inclusion & Employment Manager, at lbalogh@lucasdd.org.



PATHS TO SUCCESS



Joy versus Happiness

Is happiness different from joy? I have heard the words happiness and joy used interchangeably so often that I began to wonder whether they have same or different meanings, so I looked up their definitions and found that most dictionaries define joy and happiness rather synonymously. However, over my lifetime, through my experiences, I have discovered a huge difference between the two, with my happiness being fleeting and requiring external people, things, or circumstances for me to experience it, and joy being more lasting and accessible, without the requirement of external things, people, or circumstances needed to experience and maintain it.

For me, happiness, although wonderful to experience, is fleeting and temporary. An example of happiness would be purchasing a new car...the first few days, weeks, or months of driving it may bring happiness with that new car smell and the wonderful experience of driving it for the first few times; however, inevitably, the happiness is replaced by the car breaking down, discouragement because it eats up too much gas, or finding that my choice of vehicles was not as good as I first thought because there's not enough trunk space or room in the back seat (etcetera, etcetera, etcetera). Of course, from the start, there's also the fear that comes right along with the purchase of an expensive item like a new car; fears like... "What if someone scratches it, I'd better park further away from other cars!"

Joy, however, is deep-seeded, because it comes from a place within us that is always there for us to access as we choose. Even if I am in the middle of a life challenge, I can *choose* whether or not to access the joy within me as I go through it; this sheds some light as to how two people can go through similar circumstances yet have two totally different reactions. It doesn't mean that I'm happy as I go through the challenges this life presents, but I can still access a kind of calmness and grateful heart as I go through them, which is part of the makeup of deep-seeded joy.

On your *path to success*, especially as you go through the challenges of life in this age, may you aim for joy as you foster your knowledge and understanding of whatever it is you are currently going

through. Oh and don't forget to celebrate the moments of happiness along the way



too!



LAMPOST

Connecting Consumers to the Community with Small Business Development.

A mission with a purpose best describes the Epilepsy Center.

CEO Ron Cherry and his staff are working to connect consumers to the community. It all starts with residential care that is offered to consumers living in a community setting. Approximately 80 DSP'S are out daily providing in-home care. The Epilepsy Center has ADS locations at Alexis and Holland Rd. Monclova will be the future home for its third location. The center also offers janitorial, money management, payee, and transportation services. The center has plans to acquire a Glow Forge machine. The machine will have laser printing - engraving capabilities to print designs on hard and soft surfaces for businesses, schools or nonprofit groups.

TRAINING

To contact Sara to register for training, please call (419) 380-5164 or email her at: sagardner@lucasdd.org

ALL TRAINING IS OFFERED VIRTUALLY ON ZOOM AT THIS TIME.

In 2022, we will be offering the new DODD curriculum for both Existing and New Providers each month.

The **2022 Training Calendar** can be accessed here:

https://mcusercontent.com/46f9edd74ac726fdf457dfe0f/files/019038cd-c5ef-57ad-79b3-cefc12295d54/2022_Provider_Training_Schedule.docx

The **April Training Calendar** can be accessed here:

https://mcusercontent.com/46f9edd74ac726fdf457dfe0f/files/345c694b-e97d-b0c1-94e0-93bd5d14b830/2022_Provider_Training_APRIL.pdf

Special Topics in April include:

- "Ask the Expert" about IDD and Dementia with Dr. Phil McCallion - Register using the flyer link below
- "Using Sensory & Relaxation Techniques for Individuals with IDD and Dementia" by Jenny Kinney and Claire Copa
- "Basics of IDD and Dementia Train-the-Trainer" - learn to train your staff on best practices for supporting individuals with dementia and IDD. Register using the flyer link below.
- Smart Home Tour - Log on and view a state-of-the-art smart home. Experience the technological advances that can help provide independence for individuals with disabilities.
- Good Life Mental Models - How we can switch our mental model of compliance/control to a Good Life model of compassion, respect, strengths, and success!

IDD & Dementia Trainings

Partnering with the Northwest Ohio Dementia Coalition, we offer the final 2 trainings relating to those with Intellectual/Developmental Disabilities (IDD) and Dementia. You can register at the following link: https://mcusercontent.com/46f9edd74ac726fdf457dfe0f/files/c059367e-9ada-0bf2-acde-8b1e97a0eaf3/IDD_and_Dementia_Training_Series_2022.pdf

If you have questions, please email Jennifer Wolfe at jwolfe@lucasdd.org.

"Ask the Expert with Dr. Phillip McCallion" - Tuesday, 04/12/2022, 1:00-3:00 p.m. ET.

"Train the Trainer for Basics of Intellectual and Developmental Disabilities and Dementia" - Friday, 04/22/2022, 1:00-3:00 p.m. ET.

New Provider Monthly Training from OSSAS

Beginning in January 2022, DODD's Office of System Support & Standards (OSSAS) has been offering monthly virtual provider trainings from 10 AM – 11 AM on the last Thursday of the month. Each month will have an identified topic and short presentation.

Upcoming trainings include:

April 28, 2022 – **Service Delivery Documentation** (Target Audience – Independent Providers, Agency Providers, Licensed Waiver Providers)

If you have questions about these trainings, please contact: ossas@dodd.ohio.gov.

OSSAS Office Hours

Information, questions, and answers on every other Monday at 9:00 am!

OSSAS Compliance Review Managers will present a topic and be available to answer and discuss your questions every other Monday.

Upcoming Presentation Topics:

4/11/2022 Assistive Technology and Remote Support Reviews

4/25/2022 Q & A - Send in your questions for a full session of Q & A

After the presentation there will be time for general questions & answers. Please direct your questions to OSSAS@dodd.ohio.gov

Join the meeting on your computer or mobile device

[**Click here to join the meeting**](#)

Join with a video conferencing device

[682042763@t.plcm.vc](https://t.plcm.vc/682042763)

Video Conference ID: 111 364 434 3

[Alternate VTC instructions](#)

Or call in (audio only)

[+1 614-721-2972](tel:+16147212972), [85499064#](tel:+16147212972) United States, Columbus

Phone Conference ID: 854 990 64#

[Find a local number](#) | [Reset PIN](#)



First Aid: Oral Cancer Awareness Month

There are two pathways by which most people encounter oral and oropharyngeal cancer.

- One is through the use of tobacco and alcohol
- and the other is through exposure to the HPV-16 virus

While some think this is a rare cancer, mouth cancers will be newly diagnosed in about 145 new individuals each day in the US alone, and a person dies from oral cancer every hour of every day. When found at early stages of development, oral cancers can have an 80-90% survival rate. Unfortunately, at this time, the majority are found as late stage cancers,

Late stage diagnosis is not occurring because most of these cancers are hard to discover... it is because of a lack of public awareness coupled with the lack of a national program for screenings which would assist in early discovery by medical and dental professionals. For more information, go to www.CheckYourMouth.org to increase early-stage discovery.

Resource:

<https://www.medicalnewstoday.com/articles/health-awareness-months#april>;
<https://oralcancerfoundation.org>

First Aid/CPR 2022 Reminder

Attention: All Providers

DODD's Office of System Support & Standards would like to remind all providers that **CPR/First Aid training obtained after January 1, 2022**, must once again include the in-person skills assessment required by rule.

For DSPs who obtained CPR/First Aid training prior to January 1, 2022, that did not include an in-person skills assessment, DODD will accept this as valid training through the certificate's expiration date. Upon renewal, the DSP will be expected to obtain training that includes the required in-person skills assessment.

For questions please contact ossas@dodd.ohio.gov



SHOOTING STAR



RESOURCES

The Provider Supports Department staff are here for you!

- Pat Stephens, Director
- Lisha Washington, Department Secretary
- Julienne Hardman, Provider Compliance Coordinator
- Lisa Poiry, Provider Development Coordinator
- Jennifer Wolfe, Provider Training Coordinator
- Sarah Diesch, MUI Coordinator
- Erica McElmurry, MUI Coordinator

Provider Support Specialists:

Dan Barda	Meredyth Brown-Grycza	Michelle Cope-Morris	Sally Damschroder
Jenny Kinney	Jane Meyer	Paul Miles	Christine Hart
Linda Repka	Gail Sanders	Catherine Thanasiu	George Woodget

Success Coaches:

Faith McCreary and Sharon Calhoun

Technicians:

Sherrie Burkhardt, Mellisa Merritt, Sara Gardner, & Danielle Russell

Investigative Agents:

Mira Banks	Leslie Gray	John Heydinger	Tammy Jones
Erin Lee	David Mullin	Dana Myers	Tiffany Rozzano
	David Vaughan	Nathan Wolfe	

***Helpful provider information is always available
at the following websites:***

DODD: <http://www.dodd.ohio.gov/Pages/default.aspx#>

Lucas CBDD: <http://www.lucasdd.org> (Click on "Provider Supports")